



NOVEMBER 3RD USA PARKOUR CUP QUALIFIER

About the event

We are happy to announce that Steel City Parkour will be hosting a USA Parkour Cup Qualifier. Athletes will compete in different age brackets, 5-6, 7-8, 9-11, 12-15, and 16+. The athletes in the 5 to 8 year old category will compete in two parkour/ninja style speed courses on soft obstacles. The best combined time wins! Ages 9+ will have the option to compete in speed, style, or both in the wooden area of the gym! The students will be judged on the skills, execution, and flow. The best trick done will also receive a prize. See additional slides/pages for schedule and prizes!

**USA Parkour Cup
Regional Qualifier at
Steel City Parkour**

**Speed Course
Style Course
Best Trick**

For Ages 5+

**Special guest judges
will be announced
soon!**

**Check out our
Facebook, Instagram,
or Website for more
info and details!**

STEEL CITY PARKOUR

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Saturday, Nov 3rd 8am to
7pm